



**ALLERGY, ASTHMA, AND
SINUS CENTER, P.C.**

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Board Certified by American Board of Allergy & Immunology

Antihistamines

Many patients will need allergy skin tests. **DO NOT** take the following drugs, as they will interfere with the skin tests:

48 hours before the appointment:

Astelin, Patanase or Astepro antihistamine nasal sprays, Advil PM, Allegra, Dymista, Allegra-D, Bernadryl, chlorpheniramine, Chlor-Trimeton, Carbinoxamine, diphenhydramine, Meclizine or Tylenol PM

4 days before the appointment:

certirizine, cyproheptadine, Polaramine, Phenergan, Promethazine, Zyrtec, Zyrtec-D or Xyzal

7 days before the appointment:

Alavert, Atarax, Claritin, Claritin-D, Clarinex, clemastine, hydroxyzine, loratadine or Tavist

14 days before the appointment:

Amitriptyline, cyproheptasine, Doxepin, Elavil, nortriptyline, Periactin or Pamelor

DO NOT STOP TAKING: Medications for blood pressure, heart, arthritis, anxiety, or depression; cholesterol lowering medications, thyroid supplements, hormones of any kind, antibiotics, lung inhalers, or nasal sprays other than above.